# MASTECTOMY AND IMMEDIATE BREAST RECONSTRUCTION IN INVASIVE CARCINOMA

Node-postive breast cancer
Delayed-immediate reconstruction
versus
delayed reconstruction
"DBCG RT Recon-Protocol"





## INTRODUCTION

- ✓ Multidisciplinary team
- ✓ Multidisciplinary research group

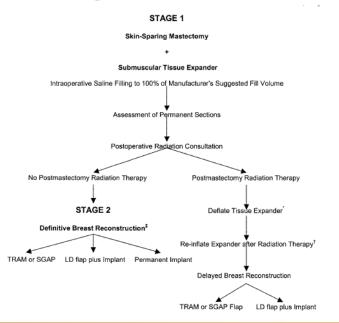
- ✓ Provide high level evidence for treatment and reconstruction to optimize the breast cancer patient's pathway
- ✓ Delayed breast reconstruction in PMRT-setting requires autologous tissue
  - ✓ Flaps
  - ✓ Fat transfer
  - ✓ Not implant-based reconstruction as stand alone

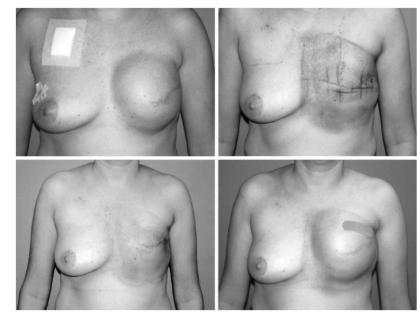




## INTRODUCTION

## **Delayed-Immediate Breast Reconstruction**



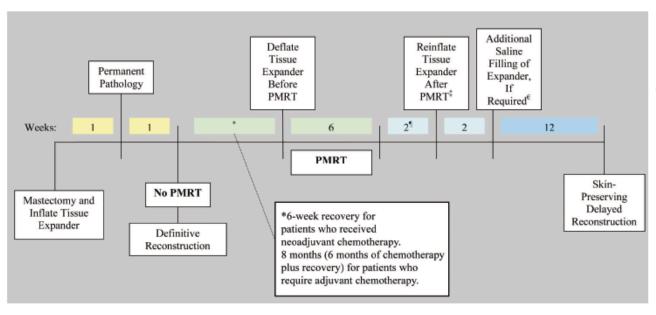






## INTRODUCTION

## **Delayed-Immediate Breast Reconstruction**



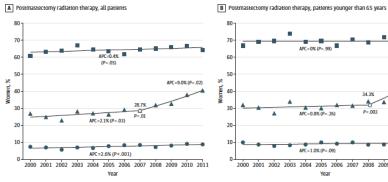
No RT- skin-sparing mastectomy RT – skin-sparing mastectomy Similar aesthetic outcome as IBR

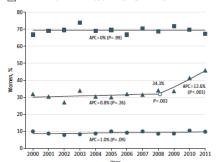


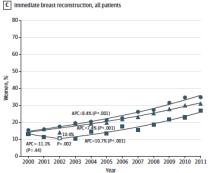


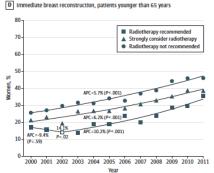
## RT and IBR

Figure, Joinpoint Regression Analysis of Postmastectomy Radiation Therapy and Immediate Breast Reconstruction









Fraiser LL Temporal trends in postmastectomy \* radiation therapy and breast reconstruction JAMA Oncology 2:95. 2016

> A. Postmastectomy radiation therapy, all patients (N = 62 442). B. Postmastectomy radiation therapy, patients younger than 65 years (n = 30 605). C, Immediate breast reconstruction, all patients (N = 62 442). D, Immediate breast reconstruction, patients younger than 65 years (n = 30 605). Annual percentage change (APC) represents the change in rate on

a yearly basis. An APC of O would mean no change in the rate, represented by a horizontal line. Open circle indicates that a change in slope has occurred: associated P value indicates the statistical significance associated with that change in slope.

Extended use of PMRT is not followed by declining use of breast reconstruction.

May offer the patient increased cosmesis and QoL

Calls for further studies





## Delayed versus delayed-immediate autologous breast reconstruction

- ✓ Retrospective study n=20/20
- ✓ D-I > D
- ✓ Preservation of the skin envelope better aesthetics
- ✓ CONCLUSION
  - ✓ "Preservation of native mastectomy-skin may allow for improved overall aesthetics"

| and patient or operative factors by treatment algorithm |                             |                                |        |
|---|-----------------------------|--------------------------------|--------|
| Variable  | Good result<br>(scored 4-5) | Adequate result (scored 2-3.9) | P-valu |
| Delayed reconstruction (DR)                             |                             |                                |        |
| Left breast reconstruction                              | 2/8                         | 6/8                            | 0.63   |
| Right breast reconstruction                             | 4/12                        | 8/12                           | 0.7    |
| DIEP  | 4/10                        | 6/10                           | 0.99   |
| MS2   | 2/10                        | 8/10                           | 0.37   |
| Smoking   | 0/6                         | 6/6                            | 0.52   |
| Body mass index > 30 kg/m <sup>2</sup>                  | 6/16                        | 10/16                          | 0.99   |
| 30-Day postoperative complications                      | 0/2                         | 2/2                            | 0.99   |
| Reconstruction within 90 days from radiation            | 0                           | 0                              | NA     |
| Delayed immediate reconstruction                        |                             |                                |        |
| Left breast reconstruction                              | 8/8                         | 0/8                            | 0.12   |
| Right breast reconstruction                             | 8/12                        | 4/12                           | 0.68   |
| DIEP  | 12/14                       | 2/14                           | 0.13   |
| MS2   | 4/6                         | 2/6                            | 0.99   |
| Smoking   | 2/6                         | 4/6                            | 0.20   |
| Body mass index > 30 kg/m <sup>2</sup>                  | 2/6                         | 4/6                            | 0.20   |
| 30-Day postoperative complications                      | 2/2                         | 0/2                            | 0.99   |
| Reconstruction within 90 days                           | 0/6                         | 6/6                            | 0.04   |

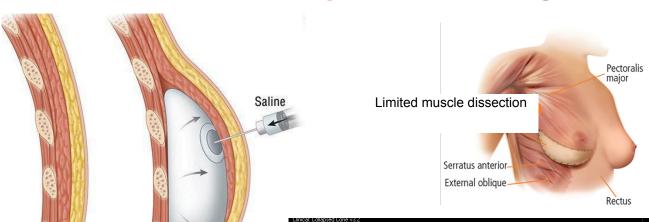
Table 5. Associations between overall aesthetic outcomes

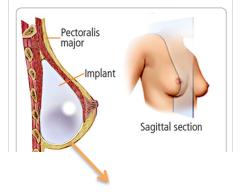
NA, not applicable; DIEP, deep inferior epigastric perforator flap; TRAM, transverse rectus abdominis myocutaneous; MS, muscle sparing.



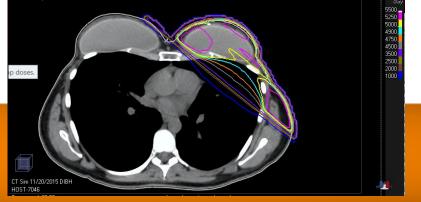


## Expander versus temporary silicone-gel implant













## **DBCG RT Recon-Protocol**

Delayed-immediate versus delayed breast reconstruction in breast cancer patients under going loco-regional radiotherapy

A multicentre randomized clinical trial





#### **DBCG RT Recon-Protocol**

#### **AIM**

Compare delayed-immediate breast reconstruction with delayed reconstruction in patients with breast cancer treated with radiation therapy











## STUDY POPULATION

#### Inclusion criteria

- ✓ Invasive breast cancer
- ✓ Indication for unilateral mastectomy and deemed fit to undergo unilateral breast reconstruction
- ✓ Post-mastectomy radiotherapy indicated according to guidelines (DBCG-guidelines must be followed in Denmark)

#### Exclusion criteria

- ✓ Pregnant or lactating
- Conditions indicating that the patient cannot go through breast reconstruction, the radiation therapy or follow up, or a condition where the treating specialist thinks the patient should not participate in the trial
- ✓ Not being able to participate due to language problems





### TREATMENT PROTOCOL

## Treatment arm A Delayed-immediate reconstruction

- ✓ Initial surgery
  - ✓ Skin sparing/nipple sparing mastectomy and axillary surgery
  - √ silicone gel implant and mesh
- √ Final reconstruction
  - ✓ Autologous
    - ✓ Flaps
    - √ Fat transfer
  - ✓ Implant-based
    - ✓ +/- ADM
    - ✓ Flap + implant
    - √ Fat transfer

## **Treatment arm B Delayed reconstruction**

- ✓ Initial surgery
  - ✓ total mastectomy and axillary surgery
- √ Final reconstruction
  - ✓ Autologous
    - ✓ Flaps
    - ✓ Fat transfer
  - ✓ Implant-based
    - ✓ +/- ADM (?)
    - √ Flap + implant
    - ✓ Fat transfer





## **OUTCOME**

## ✓ Primary endpoint

- ✓ Any complication deeming invasive intervention necessary
  - ✓ Infection
  - ✓ Haematoma
  - ✓ Seroma
  - ✓ Explantation of implant





## **OUTCOME**

## √ Secondary endpoints

- ✓ Patient's satisfaction and QoL
  - ✓ BREAST-Q (reconstructive module) incl aesthetic evaluation
  - √ Psycho-oncological endpoints
- ✓ Timely initiation of adjuvant therapy (DBCG-database)
- ✓ Lymphoedema (DBCG-database+Skagen Trial)
- ✓ ROM shoulder
- ✓ Recurrence (DBCG-database)
- ✓ Anatomical localization of recurrence
- ✓ Death including cause of death





## STATISTICAL CONSIDERATIONS

- ✓ Overall 20 % complications deeming invasive intervention
- ✓ Acceptable level 27%
- ✓ Sample-size estimation 350 randomized patients
- ✓ Inclusion through 5 years until patient No. 350 has been followed for 12 months





## **ADDITIONAL BONUS**

- ✓ European and International network
  - ✓ Oncology
  - ✓ Breast surgery
  - ✓ Plastic and reconstructive surgery
- ✓ Investigate other autologous options
- ✓ Perfusion studies
- ✓ Platform for innovative research





