



FRA PERSON CENTRED CARE TIL KONKRET PRAKSIS

National konference 2026

10. og 11. november 2026

Helman Marselis Hotel – Strandvejen 25 – 8000 Aarhus

Vær med, når vi sætter fokus på, hvordan vi omsætter Person Centred Care til konkret praksis og sikrer, at nye indsatser bliver implementeret og forankret i hverdagen.

Programmet sætter bl.a. fokus på: Normalization Process Theory, Knowledge-to-Action framework, Kunstig intelligens i sundhedsvæsenet, Patientinvolvering og fælles beslutningstagning
To dage med workshops, inspiration og konkrete værktøjer. Lær fra nationale og internationale eksperter. Kom og præsenter din egen forskning.

Keynotes, workshops og posterpræsentationer vil foregå på enten engelsk eller dansk/nordisk.

Vi glæder os til at se dig.

På vegne af konferencens arrangører

Lotte Ørneborg Rodkjær, Jeanette Finderup, Liv Schougaard og Annesofie Lunde Jensen

Konferencen er økonomisk støttet af Novo Nordisk Fonden

PROGRAM

Tirsdag d. 10. november

09.00-10.00	Registrering og kaffe
10.00-10.15 Dansk	Velkommen ved Lotte Ørneborg Rodkjær, Jeanette Finderup, Liv Schougaard, og Annesofie Lunde Jensen
10.15-10.00 Engelsk	Carl May: Normalizing unstable evidence: how can we understand the implementation of artificial intelligence applications? Research in implementation science fundamentally focuses on translating evidence into interventions and then translating interventions into routine practice. As a field of research, implementation science relies on configuring evidence and interventions as stable sociotechnical entities. In the world of evidence-based healthcare—founded on protocols, trials, systematic reviews and metanalyses, guidelines, and portals—evidence has ruled precisely because the methods by which it comes into being are relatively stable, sequenced, transparent, and formed through processes owned by identifiable humans. But the proliferation of Big A.I applications (e.g., proprietary large language models; machine learning over massive data-sets; interacting networks of complex algorithms), are already generating different kinds of evidence. They seem to be unstable (evolving), recursive not sequenced, opaque not transparent, and formed through processes that are not owned by identifiable humans. Indeed, some Big A.I applications seem to be experienced by their users as autonomous non-human actors. These properties of Big A.I have important implications for implementation science as a field of research and practice. This talk explores some of these implications, and how the field could handle the problem of understanding their associated implementation processes and effects.
11.00-11.15	Kaffepause
11.15-12.15	Workshop A & B
Workshop A Dansk	Regine Grytnes & Birgith Engelst Grove: Implementering af PRO i klinisk praksis – fra forskning til anvendelse – og tilbage igen.

	<p>Implementering af patientrapporterede oplysninger (PRO) er en kompleks proces med organisatoriske, teknologiske og brugerrettede implikationer. I workshoppen introduceres deltagerne til erfaringer med implementering af PRO-løsninger i klinisk praksis. Med udgangspunkt i konkrete cases arbejder deltagerne i grupper med at identificere implementeringsudfordringer og udvikle mulige strategier til at håndtere dem. Workshoppen giver deltagerne praktiske redskaber og refleksioner, som kan anvendes i planlægning og gennemførelse af implementeringsprocesser i egne forsknings- og kliniske projekter.</p>
<p>Workshop B Engelsk/Norsk</p>	<p>Simone Kienlin: Developing and Implementing Shared Decision-Making Training Using the Knowledge-to-Action Framework</p> <p>This workshop presents the development and implementation of a training programme designed to strengthen healthcare professionals' competencies in shared decision-making (SDM). Guided by the Knowledge-to-Action (KTA) framework, the programme translates evidence-based SDM principles into practical educational strategies that support integration into everyday clinical practice. Participants will gain insight into how implementation frameworks can be used to design, adapt, and sustain training interventions that promote person-centred decision-making.</p>
<p>12.15-13.15</p>	<p>Frokost</p>
<p>13.15-14.45</p>	<p>Poster præsentationer</p>
<p>14.45-15.15 Engelsk</p>	<p>Ian Graham: From Evidence to Practice: Applying the Knowledge-to-Action Framework in Healthcare Implementation</p> <p>This presentation introduces the Knowledge-to-Action (KTA) framework as a practical model for translating research evidence into clinical practice. The framework includes two core components: Knowledge Creation and the Action Cycle. Knowledge Creation involves generating, synthesising, and refining research into practical tools such as guidelines and protocols. The Action Cycle focuses on implementing this knowledge by identifying clinical problems, adapting evidence to local contexts, addressing barriers, implementing</p>

	interventions, monitoring uptake, evaluating outcomes, and sustaining evidence-based practice over time.
15.15-16.15	Workshop A & B gentages
16.15-17.00 Dansk	<p>Lisbeth Oxholm Snede: Fra “patient i centrum” til reelt patientpartnerskab. Hvordan får vi patienter omkring bordet – og bliver der?</p> <p>Oplægget sætter fokus på overgangen fra ambition til reel og bæredygtig patientinddragelse i forskning, udvikling og sundhedsvæsen. Med afsæt i Patient and Public Involvement (PPI) og internationale erfaringer belyses, hvordan et meningsfuldt samarbejde mellem patienter, pårørende, forskere og sundhedsprofessionelle kan forankres strategisk og organisatorisk. Der sættes særligt fokus på, hvordan vi bevæger os fra enkeltstående og fragmenterede initiativer til en mere systematisk tilgang, hvor patientperspektiver integreres i beslutningsprocesser og udviklingsarbejde i praksis. Oplægget vil berøre de strukturelle, kulturelle og etiske forudsætninger for at skabe bæredygtige patientpartnerskaber og diskutere, hvorfor patientinddragelse er en central forudsætning for et mere sammenhængende, personcentreret og bæredygtigt sundhedsvæsen.</p>
17.00-18.00	Pause
18.00-22.00	Konference middag

Onsdag d. 11. november

8.30-9.00	Morgenkaffe
9.00-9.15 Dansk	Velkommen ved Lotte Ørneborg Rodkjær, Jeanette Finderup, Liv Schougaard og Annesofie Lunde Jensen
9.15-10.00 Engelsk/Svensk	<p>Nasim Bergman Farroknia: Applied AI for Person-Centred Care: From Implementation Science to Everyday Practice</p> <p>Artificial intelligence (AI) is increasingly embedded in healthcare delivery, with implications for clinical decision-making, organisational workflows, and governance of person-centred care. The keynote examines how applied AI can support the implementation of person-centred care across different health systems, using concepts from implementation science and practice-based case examples.</p>
10.00-10.15	Kaffepause

10.15-11.00 Engelsk	<p>Dawn Stacey: Enhancing Patient Involvement in Healthcare Decision-Making: Implementing Shared Decision-Making in Clinical Practice</p> <p>This keynote explores the implementation of person-centred care strategies that support patients in making informed healthcare decisions when multiple treatment options, uncertainty, and differing perceptions of benefits and harms exist. The presentation focuses on how healthcare professionals can be supported in integrating shared decision-making into routine clinical practice, ensuring that healthcare decisions align with patients' individual values, preferences, and needs.</p>
11.00-11.15	Pause
11.15-12.15	Workshop C & D
Workshop C Dansk	<p>Marianne Jørgensen: Når data skaber forandring i sundhedsvæsenet</p> <p>Workshoppen sætter fokus på, hvordan data kan omsættes til konkret udvikling og implementering i sundhedsvæsenet med afsæt i forskningsprogrammet TVÆRSPOR. Gennem korte oplæg, dialog og praktiske øvelser arbejder deltagerne med muligheder og udfordringer ved datadrevet transformation. Deltagerne får indsigt i, hvordan data kan understøtte beslutninger, forbedre praksis og skabe værdi i komplekse sundhedskontekster. Workshoppen henvender sig til forskere, praktikere og beslutningstagere med interesse i udviklingen af sundhedsvæsenet.</p>
Workshop D Dansk	<p>Line Raunsbæk Knudsen: Udvikling og implementering af interventioner med praksisnære indsatser</p> <p>Workshoppen sætter fokus på, hvordan interventioner kan udvikles og tilpasses med henblik på implementering i klinisk praksis og understøttelse af differentierede patientforløb. Med inspiration fra Ophelia-processen introduceres deltagerne for, hvordan lokale data og erfaringer kan danne afsæt for udviklingen af relevante og praksisnære løsninger. Gennem oplæg, casebaseret drøftelse og fælles dialog arbejder deltagerne med idéudvikling, prioritering og planlægning af, hvordan mulige indsatser kan afprøves mhp. implementering i klinisk praksis.</p>
12.15-13.15	Frokost
13.15-14.15	Workshop C & D gentages
14.15-14.30	Kaffepause
14.30-15.15 Engelsk/Svensk	<p>Inger Ekman: Person-Centred Care as the Foundation for Sustainable Healthcare: From Evidence to Everyday</p>

	<p>Practice</p> <p>This lecture explores how person-centred care (PCC) moves beyond a conceptual ideal to a practical, evidence-based approach that transforms healthcare delivery. Drawing on decades of research and large-scale implementation initiatives, the presentation highlights how patients' narratives, experiences, and self-reported symptoms can be systematically integrated into clinical decision-making and care processes. The lecture addresses how PCC can be embedded in everyday clinical workflows, supported by organisational change, interdisciplinary collaboration, and policy alignment. It will also present evidence from controlled studies demonstrating the impact of PCC on patient outcomes, healthcare quality, and system efficiency. Finally, the session reflects on the future of PCC in a rapidly evolving healthcare landscape, including its intersection with digital health, artificial intelligence, and patient and public involvement (PPI).</p>
<p>15.15–15.30 Dansk</p>	<p>Tak for denne gang ved Lotte Ørneborg Rodkjær, Jeanette Finderup, Liv Schougaard og Annesofie Lunde Jensen</p>
<p><i>Der tages forbehold for ændringer af programmet</i></p>	

Oplægsholdere



Carl May, is Professor of Health Systems Implementation at the London School of Hygiene and Tropical Medicine, UK. Carl is a sociologist and implementation scientist. He works closely with clinical researchers, and his work has focused on developing a richer understanding of the development and implementation of innovative healthcare technologies, and other complex healthcare interventions. Carl's work helps us to understand the factors that promote and inhibit the effective adoption, implementation, and integration of clinical innovations in healthcare. He has led the programme of research to develop Normalization Process Theory, Burden of Treatment Theory, and an approach to the ways that inequities and disparities are actively implemented within healthcare systems.



Regine Grytnes is an anthropologist (PhD) and Associate Professor at Aarhus University, AmbuFlex – Centre for Patient Reported Outcomes. Her research focuses on how patients, citizens, and professionals engage with healthcare systems, digital technologies, and organisational structures, particularly in relation to patient-reported outcomes (PRO) and digital tools that support patient involvement and self-care. Her current projects explore clinicians' role in implementing PRO in clinical practice, the role of digital health technologies in shaping patient pathways, and how expectations of the "self-managing patient" intersect with the broader welfare state. Her work contributes to understanding how implementation of technological and organisational changes influences everyday practices in healthcare.



Birgith Engelst Grove, is a postdoctoral researcher at AmbuFlex – Center for Patient-Reported Outcomes, affiliated with the Department of Clinical Medicine. She has a background in nursing (MHSc, PhD) and conducts research within patient-reported outcomes (PROs), digital health technologies, implementation science, and health economics. Her key research areas include home-based follow-up supported by PRO and digital solutions, patient and healthcare professional engagement with digital technologies. She has experience in developing, implementing, and evaluating PRO-based interventions in both clinical practice and research, including the application of various implementation frameworks and models.






Simone Kienlin, is a Special Advisor for Shared Decision Making at the South-Eastern Norway Regional Health Authority. She holds a PhD in Health Sciences from UiT The Arctic University of Norway, where her doctoral research focused on developing a modular meta-curriculum, “Ready for SDM”, to strengthen healthcare professionals’ competencies in shared decision-making. Simone leads a regional strategic initiative to enhance the uptake of shared decision-making through a comprehensive implementation approach. Her work spans training, measurement, and decision support, including patient decision aids, decision coaching, and evidence-based health information. At both regional and national levels, she contributes to advancing person-centred care through systematic implementation of shared decision-making in clinical practice.



Ian D Graham, is Distinguished University Professor in the School of Epidemiology and at the University of Ottawa, and Senior Scientist at the Centre for Implementation Research in the Methods and Implementation Research Program of the Ottawa Hospital Research Institute. Ian is a health sociologist by training with extensive experience as a health services researcher and implementation scientist. He is a pioneer in the fields of knowledge translation and implementation science being the originator of such frameworks and models as the Knowledge to Action Model, Ottawa Model of Research Use, and most recently, Implementation Roadmap. From 2006-2012 he was seconded to the Canadian Institutes of Health Research as Vice President of Knowledge Translation and is currently a Scholar-in-Residence at CIHR (2025-2026). He has been inducted as a Fellow of the Canadian Academy of Health Sciences, New York Academy of Medicine and Royal Society of Canada. He has twice been awarded with a Queen Elizabeth II Jubilee Medal (2002, 2012) and the King Charles III Coronation Medal (2025) for contributions to research and knowledge mobilization and for his work contributing to improving patient outcomes and healthcare delivery.



Lisbeth Oxholm Snede, er President og Strategic Lead i PiCC United og arbejder internationalt med patientpartnerskaber, metodeudvikling inden for patientinddragelse (PPI) samt implementering af Shared Decision-Making (SDM) på tværs af forskning, sundhedsvæsen og sundhedspolitik. Hun har gennem en årrække arbejdet med strategisk udvikling af patientinvolvering i både Danmark og internationale samarbejder, herunder inden for NHS-relaterede netværk i Storbritannien, europæiske forskningsinitiativer samt tværsektorielle partnerskaber mellem patienter, forskere, sundhedsprofessionelle og organisationer. Lisbeth arbejder særligt med implementering, governance, etik og organisatorisk forankring af patientpartnerskaber samt med

	<p>udvikling af mere bæredygtige og inkluderende modeller for patientinddragelse. Hendes arbejde fokuserer blandt andet på lighed i sundhed, kulturforandring og de strukturelle barrierer, der fortsat udfordrer reelle patientpartnerskaber i praksis. Hun bidrager løbende til nationale og internationale initiativer, konferencer og samarbejder med fokus på at styrke patienters og pårørendes rolle i udviklingen af fremtidens sundhedsvæsen.</p>
	<p>Nasim Bergman Farroknia, is Founder and CEO of Atiana Health and an affiliated researcher and lecturer at Karolinska Institute. She is a physician (MD/PhD) and former Industry Director in Microsoft's healthcare organisation in EMEA, with a focus on AI and digital transformation in health and life sciences. Previously, she served as Head of the Emergency Department at Stockholm South General Hospital and has held national leadership roles in eHealth within the Swedish Medical Association. She is also a Singularity University alumna with longstanding experience at the interface of clinical practice, management, and health innovation. informatics.bmj.com</p>
	<p>Dawn Stacey, is a distinguished university professor and the Vice-Dean of Research in the Faculty of Health Sciences at the University of Ottawa in Canada. She is a senior scientist in the Centre for Implementation Research at the Ottawa Hospital Research Institute where she is co-director of the Patient Decision Aids Research Group. Her research is focused on developing, evaluating, and implementing interventions to support patients and their families to be actively involved as partners in making evidence-informed healthcare decisions. She has over 350 peer-reviewed papers and over 150 invited international presentations.</p>
	<p>Marianne Jørgensen, er forskningsleder på Regionshospitalet Horsens. Hun har mange års erfaring med sundhedstjenesteforskning og leder to store forskningsprogrammer. Hun har en stærk passion for at bidrage til et mere proaktivt sundhedsvæsen, hvor sundhedsdata og digitale AI-løsninger bruges til at skabe bedre og mere sammenhængende forløb for borgere og patienter. Hendes arbejde har fokus på løsninger, der kan hjælpe klinikere med at forebygge og forudsige sygdomsforløb, skabe overblik, prioritere indsatsen og sikre, at patienter får den rette pleje og behandling på det rette tidspunkt.</p>



Line Raunsbæk Knudsen, er Klinisk sygeplejespecialist og postdoc ved Led- og Bindevævssygdomme, Aarhus Universitetshospital. Hendes forskning og kliniske praksis fokuserer på udvikling, evaluering og implementering af digitale løsninger til patienter med kroniske gigtsygdomme, herunder patientundervisning og monitorering af sygdom. Hun arbejder særligt med self-management, sundhedskompetence og patientinvolvering med fokus på at udvikle løsninger, der understøtter patienters forskellige behov i sundhedsvæsenet.



Inger Ekman, is Professor of Care Sciences at the Sahlgrenska Academy, University of Gothenburg, and a leading international figure in the field of person-centred care. She obtained her PhD from Umeå University in 1999 and has held several senior leadership roles, including Head of the Institute of Health and Care Sciences and Vice Dean at the Sahlgrenska Academy. Professor Ekman is the founder and former director of the University of Gothenburg Centre for Person-Centred Care (GPCC), a multidisciplinary research environment involving around 30 research groups across healthcare, social sciences, and economics. Her research focuses on communication in healthcare, patient-reported symptoms in long-term conditions, and the development and evaluation of person-centred care interventions. She has published more than 120 scientific articles and has led major national and European initiatives, including the COST CARES programme, involving 28 countries, aimed at implementing person-centred care while maintaining or improving quality and cost-effectiveness. Her work has demonstrated how person-centred approaches can improve patient outcomes, enhance patient involvement and shared decision-making, and contribute to more sustainable healthcare systems.

Poster præsentationer

Deltagere på konferencen har mulighed for at præsentere forskningsprojekter i posterform.

Til postervandringen vil der være mulighed for at uddybe og fortælle mere nuanceret om ens projekt. Man skal derfor forberede et oplæg på to minutter, der beskriver projektet.

Alle, der ønsker at give en poster præsentation skal fremsende et abstract til Lotte Ørneborg Rodkjær lottrodk@rm.dk pr e-mail senest den 1. oktober 2026. Ved indsendelse af abstract skal abstract skabelon anvendes. Denne forefindes på tilmeldingssiden.

Vi opfordrer alle, der inden for det sidste år har præsenteret deres forskningsprojekt på lokale, nationale eller internationale konferencer til at indsende disse. Projekter, som endnu ikke kan præsentere resultater, er også velkomne.

Praktisk information

Deltagergebyr

1.000 kr. + moms

Prisen er inkl. forplejning og konferencegebyr, men uden overnatning

Overnatning

Det er muligt at booke overnatning på konferencestedet. Dette sker ved direkte henvendelse til konferencestedet.

Tilmelding

Tilmeld dig på dette link:

<https://rm.plan2learn.dk/KursusValg.aspx?id=129158&catalog=aad4a7cb-2834-499d-bd75-6b8c542cf10a>

Tilmeldingsfristen er den 1. oktober 2026. Elektronisk faktura fremsendes direkte til faktureringsadresse. Hvis du har spørgsmål vedrørende tilmelding, kan du skrive til jeajee@rm.dk